



Positive Looking Everyday by Everyone Toolkit

Moving Around

1. Tactile ball
2. Light up ball
3. Flash up/laser light
4. Bells
5. Instruments (music)
6. Rope/suspend objects
7. Scarfs
8. Balloons
9. Cones (hidden objects or knock items off)
10. Sock object find
11. Routine movement (bathroom, class change)
12. Opportunity to push chair
13. Food
14. Change position/posture
15. Floor time
16. Imitation animals
17. Floor pathways (zigzag)
18. Yoga ball (physioballs)
19. Bubbles (popping)
20. Frisbee
21. Floor targets
22. Marbles
23. Buckets
24. Dancing
25. Water use
26. Sizes of balls, tactile

27. Use of fallen leaves
28. Crawling tunnels
29. Fabrics
30. Tactile surfaces (shoes off, socks)
31. Balance stones
32. Burrito in mat
33. Hop scotch
34. Jump rope (with lights, bells)
35. Hidden objects in balls, sand
36. Transition to stations
37. Newspaper on floor
38. Paper balls
39. Use of feet to paint, hand paint
40. Box of rice, move in it reach out
41. Walking on grass, uneven surfaces
42. Tent to crawl
43. Hang objects to reach for beads
44. Weather act out
45. Get outdoors, snow angles
46. Snow mountain
47. Wheelchair dancing
48. Zumba
49. Rope pulling pushing
50. Swimming
51. Outside scavenger hunt (search & find)
52. Body parts/body awareness (movement of different body parts)
53. Stretch band
54. Feet band (resistance band)
55. Variety of sitting options (ball, stools)
56. Ball pits
57. Blind fold with ball
58. Keyring: options of photos movement options
59. Movement bingo
60. Movement wheel
61. Popsicle stick movement options
62. Movement cards
63. Movement dice/cube
64. Screen JustDance
65. Timer (stop signs) Numbers of countdown
66. Train master (kids follow)

67. Student teaches movement
68. Alphabet letters
69. Switch/power mobility with motivation lights
70. Color coded areas of room or bins
71. Bubble tubes
72. Contrast movement pathways
73. Directional arrows
74. Mapping (motivation signs)
75. Tactile rope to follow/guide
76. Hide decorations (find and put on tree)
77. Activity board/wall
78. Magic carpet/interactive floor
79. Hula hoops
80. Swings (trunk support)
81. Light up balls with contrast colors
82. Bell balls